

Dr. Khizer Hussain Junaidy, MD

DIABETOLOGIST & BARIATRIC PHYSICIAN

Founder and Medical Director, Caspian Healthcare, Hyderabad · drkhizerjunaidy.com



WHO HE IS

Diabetologist and Bariatric Physician in Hyderabad, and one of the few Indian diabetes physicians formally trained in clinical pharmacology. He treats sugar and weight as one problem, and built a single-specialty centre around that idea: Caspian Healthcare handles more than 20,000 consultations a year. He has delivered over 200 invited talks, CMEs and workshops, and has served on 25 or more advisory boards and expert panels.

CREDENTIALS

MD, Pharmacology (Gandhi Medical College, Secunderabad) · MBBS · Fellowship in Diabetes (FID) · SCOPE Certification in Obesity Management, World Obesity Federation · CCEBDM, Public Health Foundation of India · Telangana State Medical Council Reg. No. TSMC/FMR/04937

SELECTED ENGAGEMENTS

- Keynote Speaker, confirmed, Bharat Diabetes Integrated Care Expo (BDICE) 2027
- Chairperson, D-GENius Session, World Congress of Diabetes, DiabetesIndia 2026, Hyderabad; member of the Local Organising Committee
- Invited Speaker, DTech 2026, Mumbai, national diabetes technology conference
- National Faculty, 13th JPEF Annual Global Diabetes Convention 2025; Invited Faculty, 14th JPEF 2026
- Chairperson, TG RSSDI CON 2025, Warangal, and DREAM 2025, Hyderabad
- Recipient, Diabetes India Award 2026, and the Excellence in Medical Education and Diabetes Care Award, Welcare India National Excellence Awards 2026

TOPICS

- Obesity as a disease, not a character flaw: the 2024 Asian-Indian definition and two-stage diagnosis
- The GLP-1 era, honestly: real-world Indian pricing, muscle loss, and stopping rules
- Minimalistic diabetes: what to focus on when time, resources and patience are limited
- Insulin initiation, titration and intensification, taught case by case
- Diabetes technology beyond the metro clinic: CGM, pumps and automated insulin delivery

RESEARCH

Principal Investigator, PRIMARY, a national real-world study of basal insulin therapy in India (Sanofi). Investigator, TRANSFORM-INDIA and OSCAR. Fifteen or more journal publications. ORCID 0009-0008-7213-2359.

PRACTICALITIES

Delivers in English, Urdu or Hindi. Face to face, hybrid or digital. Based in Hyderabad and travels nationally. Slides are built from primary sources for the room in front of him, not reused from a deck library.